

Fostering Well-being and Inclusion through School culture

MAIN INFO

SALTO E&T link:	https://salto-et.net/AMP/event_single/show_public_overview/FI01_0780_THO_2025		
Organiser NA:	FI01 - Finnish National Agency for Education	Public status:	Only for NAs
Reference Number:	FI01_0780_THO_2025	Venue country:	Finland
Type of activity:	Thematic activities linked to the objectives, priority target groups and themes of the Programme	Venue city:	Porvoo
Budget Year:	2025	Working language:	English
WP phase:	Accepted by EC	Key Action:	Not applicable
Postponed:	No	E+ Academy:	No
Scope:	Transnational		
Type of presence:	Face-to-Face	Priority:	Inclusion and Diversity (2021-27)
Sector:	SE	Subtopic:	
Start date:	03.05.2026	End date:	06.05.2026

COST FIELDS

Travel cost paid by Organiser NA:	No	Maximum amount of travel cost (€):	-
Accommodation covered by Organiser NA:	Yes	Maximum amount of accommodation fee (€):	170
Meals covered by Organiser NA:	Yes		
Additional fee paid by Sending NA:	No	Maximum amount of additional fee (€):	-
Additional fee explanation:	-		

TCA DOCUMENTS

TCA documents:	Programme_DRAFT.pdf
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TCA DESCRIPTION

Themes and goals:

The wellbeing of the school community is built through the participation of each of its members. How can teachers, through pedagogical means, and principals, through their leadership, influence the wellbeing of the school community, foster inclusion, and promote agency? Wellbeing is not something to be addressed only when things go wrong—it is something that is built every day. Wellbeing in the daily life of schools responds to the growing need to support pupils' holistic development—physically, psychologically, and socially. Research shows that wellbeing and motivation are significantly influenced by the experience of inclusion, the feeling of being able to cope with work and assigned tasks, and a sense of sufficient autonomy, for both pupils and staff. The aim of the seminar is to explore the importance and synergy of wellbeing, learning, inclusion, and school culture from the perspectives of everyday pedagogy and leadership in schools. In Finland curriculum covers all areas of schoolwork, the school culture and wellbeing. It describes the main principles and guidelines for providing education and organizing teaching, learning and wellbeing. It includes also all subject syllabi. Finland's basic curriculum is future-oriented and one of the main goals is to provide tools for solving possible future challenges. In addition to the subjects, special features include transversal competences and multidisciplinary learning modules. The presentations and speeches of the seminar are based on these starting points. Legislation and the national core curriculum have been reformed in Finland regarding learning and school attendance. The seminar will examine the connection between wellbeing, learning, and inclusion in relation to the curriculum and legislation through keynote speeches and workshops. School visits offer an opportunity to make observations firsthand and to hear from teachers and principals about their practical experiences and implementation methods regarding how an inclusive school culture is reflected in everyday school life. The seminar will feature previous Erasmus+ projects implemented on the thematic of the seminar. The seminar includes one session dedicated to facilitated planning of future cooperation in the context of the Erasmus+ programme. Inclusion and diversity is one of the key priorities of the Erasmus+ programme and keeping this in mind, the seminar aims to support formation of new networks and projects on this priority. Theoretical foundation: Ryan & Deci 2000, Self-determination theory; The Salamanca Statement and Framework for Action on Special Needs Education, 1994

Expected results:

Joint sessions for teachers and school heads/principals: Participants will gain research-based knowledge about the connection between curriculum-based learning and wellbeing, the reform of learning and school attendance support in Finland, and especially the theoretical foundation of an inclusive school culture, which is a key objective of the reform. Through school visits, participants will become familiar with how inclusive school culture is applied and manifested in everyday school life. These visits will allow participants to observe how the connection between learning and wellbeing is practically acknowledged, lead and implemented in Finnish schools. Peer learning and exchange of practices from different countries will take place during workshops and informal discussions among seminar participants. The participants will establish networks and find partners for transnational cooperation possibilities offered by the Erasmus+ programme. Sessions targeted at teachers: Participants will understand how school culture and structures can support students' wellbeing. Participants gain concrete examples of how wellbeing can be integrated into teaching and shared school activities such as meals, physical

activity during the school day, breaks, and timetabling. Participants will also engage in practical workshops led by experienced Finnish teachers, focusing on subject-specific approaches to fostering wellbeing and inclusion, and how to support emotional and interaction skills through everyday pedagogical practices. Participants will reflect on their own practices and identify areas for development. Sessions targeted at school heads/principals: Participants gain perspectives on leading the school's inclusive operating culture and developing the wellbeing of pupils and personnel. In joint workshop sessions, participants will discuss various practical solutions that promote the building and leadership of wellbeing at school. Participants will reflect on their own practices and identify areas for development.

Additional information:

Please notice that all selected participants are obliged to participate the seminar programme in full (from the beginning to the very end). The Erasmus+ National Agency of Finland covers the 3 nights of hotel accommodation in a single room and the meals during the seminar programme. The seminar venue in the city of Porvoo is in the distance of 40 minutes bus journey from the Helsinki-Vantaa Airport / about 1 hour bus commute from the Helsinki city centre. Transportation from Helsinki-Vantaa Airport to Porvoo will be arranged for selected participants. Please ensure you arrive at Helsinki Airport by 14.00 on 3.5.2026, as the bus will depart at 15.00. On the day of departure 6.5.2026, the transfer bus from Porvoo will arrive at Helsinki Airport by 14.00. Selected participants are kindly asked to book their flights in accordance with this schedule. Please note that using the provided bus transportation is not obligatory; it is possible to choose to arrive individually e.g. via Helsinki city centre. In line with the environmental sustainability policies by the European Commission, Erasmus+ programme as well as the Erasmus+ National Agency of Finland, the participants are requested to consider the environmental aspects of their arrival in Finland. Those living in the nearby countries, especially such as Sweden, Estonia, Denmark, Latvia, Norway and Lithuania, are advised to consider avoiding flights upon arrival and to use trains, buses and ferries, instead. Those arriving from countries over longer distances are advised to avoid connecting flights. The participants are advised to negotiate the practicalities regarding arrival using the low-carbon travel modes ("Green Travel") with the Erasmus+ National Agency of their country. The Erasmus+ National Agency of Finland as the seminar host considers the environmental impact of the seminar especially in the choice of venue, hotel, working methods and food.

Important notes:

Each National Agency is welcome to book seats for two (2) participants: for one (1) teacher and one (1) school head/principal from schools (general education) teaching pupils of 6-15 years. NAs of large programme countries may book additional two (2) seats, if desired. Additional seats will be distributed upon availability. Please make sure that the participants represent schools in the desired age groups; not from upper secondary education even if there were pupils of the requested age group. The seminar is consisted of two parts; 1) parts relevant to both target groups and 2) parts separated for teachers as pedagogical experts and school heads/principals as managers of the school culture. It is of high importance that the participants have a good command of English language to be able to benefit of the expert lectures as well to contribute in peer-to-peer learning. Both newcomers as well as experienced stakeholders to the Erasmus+ programme are invited to participate. The National Agencies are advised to promote the event and to make their participant proposals accordingly. In case the sending NA has high-potential applicants on reserve list,

the sending NA should notify the hosting NA by email (tca@oph.fi) by the
 "Confirmation deadline for Sending NAs" (9.2.2026). Timetable: Start date of
 TCA Participant Application: 1.12.2025 Application deadline:
 26.1.2026 Confirmation deadline for Sending NAs:
 9.2.2026 Confirmation deadline for Organiser NA: 12.2.2026

PARTNERS AND PARTICIPANTS

Organiser NA:	FI01 - Finnish National Agency for Education
Contact person of Organiser NA:	Kristiina Kirjarinta
Contact email of Organiser NA:	kristiina.kirjarinta@oph.fi
Phone number of Organiser NA:	-
Website/social media page(s):	
Is this TCA open for co-organising partner applications?:	No
Deadline of co- organising partner application:	-
Deadline of booking places:	25.11.2025
Number of participants:	60
Participants per country:	20 - Finland
Target group:	School leaders, directors Teachers
Erasmus+ Programme experience level:	Newcomers and Experienced beneficiaries
Profile of participants:	The seminar is open to applications by class teachers, subject teachers and special education teachers in primary and lower secondary education (teaching pupils of 6-15 years) and school heads/principals of such educational institutions. One teacher and one school head/principal per participating country are being selected to participate. Both newcomers as well as experienced stakeholders to the Erasmus+ programme are invited to apply. Altogether 30 teachers and 30 school heads/principals are expected to participate in this seminar. Good command of English language is expected of all participants.
Is NA staff welcome?:	Yes

Contribution of NA staff:

Contribution of NA staff: Two (2) NA staff members of Erasmus+ NAs will be welcomed to participate. The NA staff will be expected to host/harvest workshop discussions, support participants in workshop discussions and other exchanges as well as in the context of their own expertise in the Erasmus+ programme. Please send the profile of the suggested NA staff at tca@oph.fi on 25.11.2025 at the latest.

Applied as Co-organising partner(s):

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Pending Co-organising partner application(s):

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Accepted Co-organising partner(s):

-

Applied as Sending partner(s) – Booked places:

DE03 - 5 ES01 - 4 PT01 - 2

Pending Sending partner application(s) - Booked places:

DE03 - 5 ES01 - 4 PT01 - 2

Accepted Sending partner(s) – Accepted places:

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Pending booked places:

11

Accepted places:

0

Free places:

60

Total number of NAs in this TCA:

0

TCA PARTICIPANT APPLICATION

Start date of TCA Participant Application:
Application deadline:
Confirmation deadline for Sending NAs:
Confirmation deadline for Organiser NAs:


SALTO cannot be held responsible for information uploaded by the Organiser National Agencies regarding training and cooperation activities (TCAs). Please inform SALTO, whenever you should come upon incorrect data. Always contact the Organiser/Co-organisers of the TCAs themselves for the latest information.